

Prim & Int Menu 2019 (Pita Pit Newtown 2)

Order cut off is at 09:00am on the day of delivery

Menu available from 05/06/2020

Please note that this Menu will not be available on: 10/07/2022 - 23/07/2022,09/07/2022 - 24/07/2022

<u>Category</u>	<u>Product</u>	<u>Price</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>
Extra Meats							
	Bacon Slice	\$1.05	N	N	N	N	Y
Mains (1)							
	Chicken	\$5.20	N	N	N	N	Y
	Ham	\$5.20	N	N	N	N	Y
	Beef	\$5.20	N	N	N	N	Y
	Bacon	\$6.00	N	N	N	N	Y
	Garden Veggie	\$4.70	N	N	N	N	Y
	Falafel	\$5.20	N	N	N	N	Y
	Marmite (not GF)	\$4.70	N	N	N	N	Y
	Vegemite (not GF)	\$4.70	N	N	N	N	Y
Fillings (up to 3)							
	Cheddar Cheese	\$0.00	N	N	N	N	Y
	Lettuce	\$0.00	N	N	N	N	Y
	Tomato	\$0.00	N	N	N	N	Y
	Carrot	\$0.00	N	N	N	N	Y
	Cucumber	\$0.00	N	N	N	N	Y
	Red Onion	\$0.00	N	N	N	N	Y
	Gherkins	\$0.00	N	N	N	N	Y
	Pineapple	\$0.00	N	N	N	N	Y
	Pickled Beetroot	\$0.00	N	N	N	N	Y
	Jalapenos	\$0.00	N	N	N	N	Y
	Roasted Red Peppers	\$0.00	N	N	N	N	Y
Sauces (1)							
	Mayo	\$0.00	N	N	N	N	Y
	Aioli	\$0.00	N	N	N	N	Y
	Ketchup	\$0.00	N	N	N	N	Y
	BBQ	\$0.00	N	N	N	N	Y
Extra Fillings							
	Cheddar Cheese	\$0.50	N	N	N	N	Y
	Lettuce	\$0.50	N	N	N	N	Y
	Tomato	\$0.50	N	N	N	N	Y
	Carrot	\$0.50	N	N	N	N	Y
	Cucumber	\$0.50	N	N	N	N	Y
	Red Onion	\$0.50	N	N	N	N	Y
	Gherkins	\$0.50	N	N	N	N	Y
	Pineapple	\$0.50	N	N	N	N	Y

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Category	Product	Price	Mon	Tue	Wed	Thu	Fri
	Pickled Beetroot	\$0.50	N	N	N	N	Y
	Jelapenos	\$0.50	N	N	N	N	Y
	Roasted Red Peppers	\$0.50	N	N	N	N	Y
Drinks							
	NZ Natural Water 500ml	\$3.15	N	N	N	N	Y
Pita / Salad (1)							
	Plain Pita	\$0.00	N	N	N	N	Y
	Wholemeal Pita	\$0.00	N	N	N	N	Y
	Gluten Free Pita	\$1.55	N	N	N	N	Y

School Lunch (Sakura Sushi)

Order cut off is at 08:00am on the day of delivery

Menu available from 28/03/2019

Please note that this Menu will not be available on: 10/07/2022 - 23/07/2022,09/07/2022 - 24/07/2022

Category	Product	Price	Mon	Tue	Wed	Thu	Fri
Sushi - 4 Piece							
	Teriyaki Chicken & Avocado with capsicum - 4 pce GF	\$6.25	N	N	N	Y	N
	Katzu Chicken with veg - 4 pce	\$6.25	N	N	N	Y	N
	Fresh Salmon with Avocado - 4 pce -GF	\$6.25	N	N	N	Y	N
	Tuna & Mayo - 4 pce	\$6.25	N	N	N	Y	N
	Vegetarian - Tofu - 4 pce	\$6.25	N	N	N	Y	N
	Vegetarian - Veg Spring Roll - 4 pce	\$6.25	N	N	N	Y	N
Sushi - 6 Piece							
	Teriyaki Chicken with Avocado & Capsicum - 6 pc GF	\$8.45	N	N	N	Y	N
	Katzu Chicken & Vege - 6 pce	\$8.45	N	N	N	Y	N
	Fresh Salmon with Avocado - 6 pce GF	\$8.45	N	N	N	Y	N
	Tuna & Mayo - 6 pce	\$8.45	N	N	N	Y	N
	Vegetarian - Tofu - 6 pce	\$8.45	N	N	N	Y	N
	Vegetarian - Veg Spring Roll - 6 pce	\$8.45	N	N	N	Y	N
Sushi - 8 Piece							
	Teriyaki Chicken with Avocado & Capsicum - 8 pce GF	\$10.65	N	N	N	Y	N
	Katzu Chicken with veg - 8 pce	\$10.65	N	N	N	Y	N
	Fresh Salmon with Avocado - 8 pce GF	\$10.65	N	N	N	Y	N
	Tuna & Mayo - 8 pce	\$10.65	N	N	N	Y	N
	Vegetarian - Tofu - 8 pce	\$10.65	N	N	N	Y	N
	Vegetarian - Veg Spring Roll 8 pce	\$10.65	N	N	N	Y	N
Dumplings							
	Pork Dumplings - 4 Piece	\$6.25	N	N	N	Y	N

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	Pork Dumplings - 6 Piece	\$8.45	N	N	N	Y	N
	Pork Dumplings - 8 Piece	\$10.65	N	N	N	Y	N
	Vegetarian Dumplings - 2 Piece	\$1.55	N	N	N	Y	N
	Vegetarian Dumplings - 4 Piece	\$3.15	N	N	N	Y	N
	Vegetarian Dumplings - 6 Piece	\$4.70	N	N	N	Y	N
	Vegetarian Dumplings - 8 Piece	\$6.25	N	N	N	Y	N
Extras							
	Ginger	\$0.00	N	N	N	Y	N
	Soy Sauce	\$0.00	N	N	N	Y	N
	Wasabi	\$0.00	N	N	N	Y	N
Cardboard Packaging							
	Cardboard container	\$0.20	N	N	N	Y	N

School Menu (Subway Te Aro)

Order cut off is at 09:00am on the day of delivery

Menu available from 11/08/2021

Please note that this Menu will not be available on: 10/07/2022 - 23/07/2022,09/07/2022 - 24/07/2022

<u>Category</u>	<u>Product</u>	<u>Price</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>
Bread Size or Salad Box							
	6" sub	\$7.20	N	N	Y	N	N
	12" sub	\$11.35	N	N	Y	N	N
	Salad Box	\$8.55	N	N	Y	N	N
Bread							
	White bread	\$0.00	N	N	Y	N	N
	Wheat bread	\$0.00	N	N	Y	N	N
	Salad Box - No Bread	\$0.00	N	N	Y	N	N
Meat							
	Vege Patty	\$2.10	N	N	Y	N	N
	Ham	\$0.00	N	N	Y	N	N
	Turkey	\$0.00	N	N	Y	N	N
	Chicken	\$2.10	N	N	Y	N	N
	No meat	\$0.00	N	N	Y	N	N
Cheese and Salads							
	Cheese Sliced OR	\$0.00	N	N	Y	N	N
	Cheese Grated	\$0.00	N	N	Y	N	N
	Lettuce	\$0.00	N	N	Y	N	N
	Tomato	\$0.00	N	N	Y	N	N
	Cucumber	\$0.00	N	N	Y	N	N
	Carrot	\$0.00	N	N	Y	N	N

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	Capsicum	\$0.00	N	N	Y	N	N
	Red Onion	\$0.00	N	N	Y	N	N
	Olives	\$0.00	N	N	Y	N	N
	Pickles	\$0.00	N	N	Y	N	N
	Beetroot	\$0.00	N	N	Y	N	N
Sauce							
	BBQ	\$0.00	N	N	Y	N	N
	Honey mustard	\$0.00	N	N	Y	N	N
	Mayo	\$0.00	N	N	Y	N	N
	Ranch	\$0.00	N	N	Y	N	N
Drinks							
	400ml pump water	\$3.15	N	N	Y	N	N